

Maharashtra Arogya Mandal's

# Sumatibhai Shah Ayurved Mahavidyalaya

\* An ISO 9001:2015 Certified Mahavidyalaya  
\* NABH Accredited & ISO 9001:2015 Certified Hospital

Malwadi, Hadapsar, Pune - 411028

**Recognized by :** Government of India, Ministry of Health & Family Welfare,  
(Department of AYUSH) N.C.I.S.M, Ministry of AYUSH, Government of India New Delhi &  
Government of Maharashtra. Affiliated to Maharashtra University of Health Sciences, Nashik.



॥ अम्ब्यासात् प्राप्यते दुष्टिः  
कर्मसिद्धिप्रकाशिनी ॥

## Kaumarabhritya Panchakarma:

### Protocol:

Kaumara means paediatric patients between the age group of 1-16 yrs. These patients prepare case paper from registration counter and consult in OPD no 13 i.e. Balroga OPD. Doctors thoroughly examine the patients and accordingly prescribe panchakarma advice if needed and referred to Panchakarma department.

Out of panchakarma procedures snehana, swedana, basti, jivha pratisarana, nasya are recommended in this age group. Being growing age group in our institute we prescribe abhyanga, shalishashtika pinda sweda, yapana basti predominantly for teenagers for growth and development.

After examination in Balroga OPD patients come in Panchakarma OPD. In Panchakarma OPD again systemic examinations are done for deciding indications and contraindications of panchakarma. If patient is indicated then consent is taken before the procedure. Doctors explain the panchakarma procedures to patient's relatives.

The patient going in Panchakarma OPD is further managed by the Panchakarma therapists along with PG students. In our institute Housman and Fellowship students are the one who joins panchakarma therapist to do the consequative procedures explained by both Panchakarama and Kaumarbhritya consultant.

Special training sessions are taken in our institute towards educations of panchakarma procedures in paediatric patients on Panchakarma Therapists, Housman and Fellowship students. The training session is taken by Senior Professors and Lecturers every yearly after new admissions of the fellowship



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student is arrived. Only After proper training the fellowship students and Therapists conduct the treatment procedures on patients.

In the training session aseptic precautions, patient and therapist safety precautions, covid safety precautions, mock drill training (in case of any mishap or emergency) is explained and revised multiple time by conductors and students. This training sessions are yearly revised to maintain efficacy and productivity of therapists and newly arrived fellowship students.

Patients who are admitted in the ward or PICU are exclusively advised by paediatric consultants only and the given panchakarma procedures are carried out in ward and PICU by Fellowship students. Data is maintained in the register. Patients who have lower socio-economic status are advised to visit social worker in case the patient is not affordable to carry out the treatment advised. Such patients are then helped by social worker for OPD and IPD services.



  
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