

**Maharashtra Arogya Mandal's**

# **Sumatibhai Shah Ayurved Mahavidyalaya**

\* An ISO 9001:2015 Certified Mahavidyalaya  
\* NABH Accredited & ISO 9001:2015 Certified Hospital

Malwadi, Hadapsar, Pune - 411028

**Recognized by :** Government of India, Ministry of Health & Family Welfare,  
(Department of AYUSH) N.C.I.S.M, Ministry of AYUSH, Government of India New Delhi &  
Government of Maharashtra. Affiliated to Maharashtra University of Health Sciences, Nashik.



॥अभ्यासात् प्राप्यते दुष्टिः  
कर्मसिद्धिप्रकाशिनी॥

## **Details of new Initiations in Prasutitantra and Streerog Department**

### **[I] Yoni Dhupan vidhee-**

Yoni Dhupan by using electric pan and specially prepared seat for sqatting position, is new initiation implemented by our Department of Prasutitantra-Strirog. In this Yoni Dhupan vidhee Dhupana Dravya were added on electric pan and heated upto 60<sup>0</sup>.C Dhupana was given on the specially prepared seat in squatting position.

Following Dravyas are used for dhupan-

- 1) Shatpushapa-Anethrum graveolous
- 2) Ajmoda - Anethrum Sowa
- 3) Vidang - Ambelia Ribes
- 4) Guggul - Commiphora mukul
- 5) Goghrut- Cow ghee

**[II] Vitap-ched Seevan vidhi-** Cosmetic Gynaecology is a relatively new concept. In our Department of Prasutitantra-Strirog we are using cosmetic/subcuticular suture while Episiotomy - Skin layer suturing. For skin suturing Polyglactin rapid suture (Necryl fast) a synthetic, absorbable suture material is used. It is placed by taking horizontal bites through bites through the papillary dermis on alternative sides of the wound. The thread is not seen externally.



*M. A. M's*

**PRINCIPAL**

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