

Maharashtra Arogya Mandal's

# Sumatibhai Shah Ayurved Mahavidyalaya

\* An ISO 9001:2015 Certified Mahavidyalaya  
\* NABH Accredited & ISO 9001:2015 Certified Hospital

Malwadi, Hadapsar, Pune - 411028

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Affiliated to Maharashtra University of Health Sciences, Nashik.



॥ अस्मत्काले ध्याते भुविः  
कर्मणि विवृणक्ति ॥

MAM/SS Ayu/559

Date: 09/12/2021

To  
Director of RAV,  
Dhanwantari Bhawan, Road No. 66,  
West Punjabi Bagh,  
New Delhi - 110026

Subject: Submission of Report of 6 days CME in *Shalaky Tantra* for teachers organised by, Dept. of *Shalaky Tantra*, MAM's Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Pune.

Respected Sir,

The CME / ROTP for teachers in *Shalaky Tantra* sponsored by the Ministry of AYUSH, co-ordinated by Rashtriya Ayurved Vidyapeeth, New Delhi and organised by Dept. of *Shalaky Tantra*, Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Pune on 20<sup>th</sup> Sept. 2021 to 25<sup>th</sup> Sept. 2021 in college auditorium. Total 45 applications were received from various colleges of India and out of them 30 candidates/ teachers were selected on the basis of seniority and those who had not attended any CME previously. These 30 participants were from Gujarat, Karnataka, Uttar-Pradesh and all over Maharashtra. The residence for participants and resource persons who were from out of Pune was provided at Park view hotel, Hadapsar, Pune. Bus service was provided for pick up and drop of participants from hotel to venue of CME i.e S.S.A.M. A total of 15 resources shared their insights on various theoretical and practical aspects of *Shalaky Tantra* along with surgical methods, research and medicolegal aspect.

The faculties of the *Shalaky Tantra* department, SSAM who have worked as an organizing committee members are as follows:-

Prof. Dr. Mrs. Nilakshi Pradhan - Organizing secretary  
Dr. Mr. Pravin Bhat - Co-ordinator  
Dr. Mrs. Sumedha Kotangale - Co-ordinator  
Dr. Mrs. Shamali Pawase - Co-ordinator



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College No.: 020-29522505, 29522506 Hospital No.: 020-29522502  
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Hadapsar, Pune-411 028.



All the post graduate students of *Shalaky Tantra* department volunteered for the CME preparation and smooth conduction of the CME.

On 20<sup>th</sup> Sept. 2021 all the participants were welcomed with handing of button of rose flower and applying of *Kumkumtilak* before inauguration. Registration was done at Hall no. 7 (college auditorium) and registration kit handed over which consisted of a copy of *Satyanveshanam Today* (in house research journal), bag, pen, writing pad, sanitizer bottle, and six N-95 masks. Sitting arrangements were done keeping social distancing in view of Covid-19 pandemic regulations.

The inauguration ceremony was held on 20<sup>th</sup> Sept. 2021 at 9:15 AM in presence of Dr. D. P. Puranik, Hon'ble President Rashtriya Shikshan Mandal, Pune as a Chief guest; Dr. Kartar Singh Dhiman, HOD of *Shalaky Tantra* Dept. BHU as a Guest of Honour; Dr. Nilesh Phule, Hon'ble Principal SSAM; Dr. Mrs. Nilakshi Pradhan, Organizing secretary. The ceremony began with lamp lighting and *Dhanvantari Stavan*. Hon'ble Dr. D. P. Puranik put forward his views of CME with history of starting CME for teachers, its primary moto and present conditions. He also guided teachers with his words of experience in the field of *Shalaky Tantra*. Dr. K. S. Dhiman emphasized on the need of CME/ROTP for teachers in *Shalaky Tantra*. He explained about the practical utility of CME's sponsored by the Ministry of AYUSH. Dr. Nilesh Phule, Hon'ble Principal gave a short introduction about Maharashtra Arogya Mandal and Sumatibhai Shah Ayurved Mahavidyalaya with various activities conducted by college in the past. Dr. Nilakshi Pradhan, Organizing secretary gave a short introduction about CME to be conducted and its programme and instructed all participants regarding the CME.

Each day consisted of two sessions, each session included two lectures. Out of 15 resource persons, 5 were from outside Maharashtra. Along with above sessions all the participants visited both the *Shalaky* OPDs and OT. Work of *Shalaky Tantra* department was very well appreciated by all the participants. High tea was served twice a day during both the sessions. Lunch was served after completion of first session.

Day 1 of CME i.e 20<sup>th</sup> Sept. 2021 started with back to back sessions of Dr. Sangita Salvi, Professor Tilak Ayurved Mahavidyalaya, Pune. Her first talk was on the topic "*Nasa hi shirasodwaram*". This topic was explained through various aspects of nose with its clinical implications explained in various *Samhita*. Dr. Salvi also put some new insights of nose through various research articles. She explained about the relation of nose and brain through various publications. Her second talk was on "*Yogyavidhi and Panchakarma*" in *Shalaky Tantra*. She prepared some models of ear drum, pinna, suturing material for *Yogyavidhi*. She demonstrated the myringo-puncture, drainage of perichondrial fluid effusion through models.



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She had given task of suturing as homework on models to all the participants. Dr. Salvi put her views and explained about the *Panchakarma* in *Shalaky Tantra* with exclusive references from various *Samhita*. First session of day 1 was very well appreciated by all the participants as it highlighted the practical utility of the subject with demonstrations.

Second session was conducted by Dr. K. S. Dhiman, HOD of *Shalaky Tantra* dept. BHU, who presented a topic on "*Shushka-akshipaka*" based on his research work. Dry eye is a worrisome condition in Ophthalmology and he gave some new insights to participants through his talk regarding the clinical aspect, assessment and correlation parameters of *Shushka-akshipaka* with Dry eye. Dr. Dhiman delivered his second talk on "*Abhishyanda*"; a concept in *Netra-Chikitsa*. He put forth a new hypothesis on concept of *Abhishyanda* for study, which were important for participants and their post graduate students. His both talks were very well appreciated by participants. He answered all the queries of participants.

Second day of CME (21/09/2021) started with first session by Dr. Sundeep Salvi, Pulmonologist who is one of the top 2% scientists in the world ranked by Stanford University-Elsevier World ranking 2021. He delivered his talk on "Air pollution and Allergic Rhinitis". Dr. Salvi elaborated the causative factors of Allergic Rhinitis and highlighted the global burden of Air pollution and the disease, Allergic Rhinitis. He answered all the doubts of participants and guided them with his word of wisdom and concluded a brainstorming session.

Second talk of 1<sup>st</sup> session was delivered by Dr. Rajesh Pawar who is a legend *Shalakiin* the field of *Shalaky Tantra* and Hon'ble ophthalmic surgeon. Dr. Pawar focused on "Recent advances in Ophthalmic surgeries" with a descriptive video session. He showed various ophthalmic surgeries like Cataract Surgery (SICS and Phaco), Glaucoma surgeries, Keratoplasty, etc. and their recent advances. He guided all participant teachers and encouraged them to perform surgeries in Ophthalmology; so that post graduate students get benefited and *Shalaky Tantra* branch can develop surgically all over India.

Second session of day 2 after lunch was conducted by Dr. Manjiri Keskar, Professor Parul University, Vadodara. She spoke on "Dentistry in Ayurveda" in her 1<sup>st</sup> talk. She elaborated dentistry and its practical applications through Ayurvedic procedures explained in various *Samhita* with references. Dr. Keskar delivered her 2<sup>nd</sup> talk on "Understanding the concept of Meniere's disease in Ayurveda perspective". She highlighted the ignored topic such as Meniere's disease. She very well explained the management of Meniere's disease through discussing some practical cases and elaborated the modern aspect as well with correlation.

Day 3 of CME i.e 22<sup>th</sup> Sept. 2021 CME/ROTP started with session of eminent resource person Dr. Chandrakumar Deshmukh, Ayurveda consultant, Pune on the topic *Agnikarma* and



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Vidhakarman in Shalaky Tantra on 9:30 AM to 11 AM. 2<sup>nd</sup> talk was on practical demonstration of Agnikarman and Vidhakarman in Shalaky Tantra. Live demonstration was shown on various patients having Karnashoola, Mukhapaka, Gilayuvruddhi, Galagraha, Anosmia, Inferior turbinate hypertrophy etc. Agnikarman and Vidhakarman were done on total 15 patients out of which patient having inferior turbinate hypertrophy got instant relief. He fulfilled all queries asked by delegates and cleared all the doubts regarding Agnikarman and Vidhakarman. All the delegates from various parts of country had shown their active participation by doing Agnikarman, Vidhakarman on themselves. Morning session of live demonstration was continued between 01:30 PM to 03:00 PM as many participants came up as volunteers (patient) hence the session which was planned at 01:30 PM was postponed on 25th Sept. 2021.

Afternoon session was started with a lecture of our next esteemed resource person Dr. Nilakshi Pradhan, Prof. and HOD of dept. of Shalaky Tantra SSAM, Pune on the topic "Emergencies in ENT". She enlightened on various emergencies in ENT like Epistaxis, Septal hematoma, F.B. in ear, nose and throat, traumatic injuries in ENT and how it is important to manage these emergencies skillfully and urgently along with Ayurvedic correlation. She also showed various techniques like nasal packing, removal of foreign bodies; which was very beneficial for day to day practice in ENT.

Day 4 of CME i.e 23<sup>rd</sup> Sept. 2021 CME started with lecture of the esteemed resource person Dr. Nisar Ali Khan, Asso. Prof. Dept. of Shalaky Tantra, Govt. Ayurved College, Nanded on the topic - "Application of Raktamokshana in Netrarogas" at 09:30 AM to 11:00 AM. He explained indications, contraindications and mode of action of Raktamokshana in detail. He discussed various cases like Dacryocystitis, Stye etc. with photographs of pre and post conditions of Raktamokshana with Ayurveda and modern view. He also cleared all the doubts regarding Raktamokshana. Next session was continued by Dr. Nisar Ali Khan at 11 AM to 12:30 PM on the topic "Dysphagia clinical evaluation according to Ayurveda and modern". His speech has enlightened the clinical evaluation of dysphagia in a simple manner.

Afternoon session was started at 01:30 PM to 03:00 PM by ENT renowned surgeon in Pune, Dr. Nandkishor Gosavi on topic - "Various approach to Ear surgeries". He has explained various approaches to ear surgeries like Tympanoplasty, Mastoidectomy etc. He showed descriptive surgical videos of various ear surgeries like T-plasty, Mastoidectomy and also discussed about different grafting techniques. He encouraged all the delegates to perform ear surgeries. 2<sup>nd</sup> afternoon session was started at 03:00 PM to 04:30 PM by Dr. Santosh Gosavi, Audiologist, Pune on the topic - Audiology. He explained basics of audiology in detail. He also



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showed photographs of different types of audiogram and its interpretation in a very simplified manner.

Day 5 - 24/09/21 (Friday)

On the fifth day faculty member for morning session was Dr. Manjusha Rajgopala, HOD, dept. of *Shalaky Tantra*, AIIA, New Delhi. The session started sharp on time, first lecture for the morning session was "*Kriyakalpa* practical overview". Dr. Manjusha R. explained every *Kriyakalpa* procedure with its practical approach. Trainees enjoyed the session and gave very enthusiastic reply for discussion during tea break. Second lecture was "Research approach to refractive errors according to Ayurveda". She discussed various cases and scope of research. Morning session ended at 12:30 PM.

After lunch break Dr. Shamsa Fiaz, Prof. and HOD dept. of *Shalaky Tantra* NIA, Jaipur explained all the *Shiroroga* and its management during first lecture "Management of *Shiroroga*". Dr. Shamsa Fiaz second lecture was "Principles and practice in nasal diseases in Ayurveda". She explained various updates and researches in the practice of nasal diseases the afternoon session ended at 4:00 pm.

After high tea Dr. Nilakshi Pradhan continued with her lecture which was postponed due to lack of time on days extended session. The topic she put light on was "Concept of Cataract Surgery in Ayurved and recent advances with their complications". Discussed various cases and video demonstration of surgeries. Fifth day concluded with this lecture.

Day 6- 25/09/21 (Saturday)

Sixth day started by Dr. Mandar Ranade, Medicolegal expert, Pune with legal issues in academic clinical practice wrt ENT and Ophthalmology. Dr. Ranade discussed various medicolegal cases and explained various laws supporting them.

Dr. Pankaj Wanjarkhedkar, Ayurveda consultant, Dinanath Mangeshakar Hospital, Pune started his lecture after tea break at 11:00 AM which was about "Expanding Horizons of Research in *Shalaky Tantra*". Dr. Pankaj cleared all the doubts of trainees related to research.

After lunch break, Dr. Pranav Bhagwat, Prof. and HOD dept. of *Shalaky Tantra*, Gomantak Ayurved College, Goa started with the session with topic "Understanding of applicable concept behind the management of eye disease and their extrapolation in the futuristic medicine". Dr. Pranav discussed various scope of development in the branch of ophthalmology. After high tea he presented the second topic "Autoimmune Retinal Vascular-



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Disorder of Retina" with a variety of pictures and cases. He explained the topic very nicely and concluded the session.

At the end of the CME valedictory function was conducted for which the Chief guest Shri. Anil Gujar Sir, Hon'ble Secretary of Maharashtra Arogya Mandal, Guest of honour Dr. Pranav Bhagwat, Principal Dr. Nilesh Phule, Organizing secretary Dr. Nilakshi Pradhan, PG coordinator Dr. Anand Kalaskar were present. Dignitaries were welcomed and introduced by Dr. Shamli Pawase. Dr. Nilakshi Pradhan, organizing secretary presented the report of CME with Audio visual theme. Feedback from the trainees were received which were very overwhelming for organizers. Trainees also gifted a photo frame of glimpses of CME as a token of gratitude.

Felicitation and certificate distribution of trainees and organizers was done at the hands of dignitaries. At the valedictory, trainees were felicitated with certificate and pen drive containing study material and presentations of resources presented in CME. Dr. Pranav Bhagwat expressed his appreciation and feelings regarding CME. The Principal, Dr. Nilesh Phule expressed his view on CME. At the end Hon'ble Shri. Anil Gujar delivered the presidential address. Vote of thanks was presented by Dr. Sumedha Kotangale. The valediction concluded with National Anthem.

Every day introduction of each resource faculty was given by PG students of *Shalakyta Tantra* department of SSAM, Pune. Felicitation of all resource persons, at the end of every respective session was done by hands of organizing committee members with bouquet, memento and certificate of appreciation. All the participants were present for all the sessions.

The CME was full of Ayurvedic, Modern, Diagnostic, Surgical and Research knowledge. It was a successful attempt to upgrade and update the knowledge of *Shalakyta Tantra* in participant teacher's mind. All the resource persons have thrown the light on various aspects of *Shalakyta Tantra* and research. In concluding ceremony participants had specially mentioned about eminent speakers and excellent topics also food and stay arrangements. Maharashtrian cuisines served during 6 days of CME program was very well appreciated by all the resource persons and participants.

As a organizing committee members it was great pleasure and experience for all the faculty of department of *Shalakyta Tantra* of SSAM, Pune. We are very thankful to Ministry of AYUSH and Rashtriya Ayurved Vidyapeeth, New Delhi for granting this opportunity to us to serve on such a esteemed platform of CME in *Shalakyta Tantra*.



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Sending here,

- Utility certificate (Annexure - 1)
- Video recording of all 6 days (CD) (Annexure - 2)
- Schedule of CME (Annexure - 3)
- Feedback form of all participants in sealed envelopes (Annexure - 4)
- Attendance (Annexure - 5)
- Demand draft of amount 48,054=00 Rs. (Annexure - 6)

Thanking you.

Yours faithfully,

Dr. Mrs. Nilakshi S. Pradhan  
Organizing Secretary  
Prof. and HOD of Shalakyatantra  
SSAM, Hadapsar, Pune.



(Dr. Nilesh M. Phule)  
Principal  
**Principal**  
M. A. M's, Sumatibhai Shah  
Ayurved Mahavidyalaya,  
Hadapsar, Pune- 411 028.

Encl: As above.



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Date – 30.09.2020

To,  
The Hon. Principal,  
MAM's Sumatibhai Shah Ayurved Mahavidyalaya,  
Hadapsar, Pune

**Subject:** Report of National Webinar on 'Communicable Diseases and Role of Ayurved & Yoga' held on Monday, 07th September 2020.

Respected Madam,

Department of Swasthavritta and Yog of Maharashtra Arogya Mandal's, Sumatibhai Shah Ayurved Mahavidyalaya, Malwadi, Hadapsar, Pune organized a National Webinar on 'Communicable Diseases and Role of Ayurved & Yoga' held on Monday, 07th September 2020 on online platform GoTomeeting. The webinar was started sharp at 03.00 pm.

Totally 238 registrations were done, out of which apart from Maharashtra, delegates from Karnataka, Gujarat and Madhya Pradesh were registered.

On behalf of department of Swasthavritta & Yoga Dr. Nitesh Joshi welcomed the dignitaries and participants and given a short introduction about webinar. Dr. Roma Gangawane introduced our webinar's chief speaker Professor and head of dept., Swasthavritta & Yoga, Dr. Amol Velhal, from Seth Govindji Raoji Ayurved Medical College, Solapur to the audience.

Dr. Velhal in the first session focused on the role of Ayurveda in communicable diseases and gave us a new perspective that one should adopt while dealing with communicable diseases with Ayurvedic principles.

In second session, Dr. Shravani Babar coordinated and introduced our second eminent speaker and head of department, Dr. Ramesh Ujwale. He enlightened audience about the role of Yoga in communicable diseases. He paved way to understand the importance of converging to Yoga no matter what the nature of disease is.

Lecture was concluded by question answer session. Total 105 participants were benefited this online webinar. Participation certificates were issued to the attendee through mail.

The whole program was organized under the guidance of Head of Department, Dr. Ramesh Ujwale and managed by departmental staff Dr. Nitesh Joshi, Dr. Roma Gangawane & Dr. Shravani Babar. Vote of thanks was given by Dr. Nitesh Joshi, Co-organizing Secretary of the webinar.

We take this opportunity to thank our Hon. Secretary Mr. Anil Gujar, Hon. Principal Dr. Mrs. Nilakshi Pradhan and Hon. Vice Principal Dr. Nilesh Phule for continuous valuable guidance and support.

जायक क्रमांक 173  
दिनांक 01/10/2020

for *Nitesh Joshi*  
Head  
Dept. of Swasthavritta & Yoga

Hi- प्रमुख  
अभिधीन  
01/10/2020

- Mrs. Phule  
- Mrs. Gangawane

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DEPARTMENT OF SHALAKYATANTRA  
REPORT OF NATIONAL WEBINAR ON COMPREHENSIVE APPROACH TO  
OPHTHALMIC DISEASES  
30<sup>TH</sup> DECEMBER 2020

To,  
The Principal  
SSAM, Hadapsar

Respected madam

Hereby as per above subject we the Dept of Shalakyatantra submitting the short report of the National webinar on COMPREHENSIVE APPROACH TO OPTHALMIC DISEASES organized on wednesday, 30th December 2020 at 2.30pm. Total registration done for the webinar are 350 from various national institutes and abroad from Sri Lanka, USA, and Argentina. The webinar began in time and a total 120 participants attended the webinar online including national and international participants. Total three speakers had a talk on various topics as follows-

1. Dr Nilakshi Pradhan, Pune- Anterior segment emergencies in ophthalmology
2. Dr Sachin Gade, Pune- OCT- in vitreomacular interface disorders
3. Dr B G Gokulan, Kerala- Keratoconus management through Ayurveda

All three sessions were chaired by Dr Rajesh Pawar sir as a Chairperson of the webinar. We are submitting this report for your information and perusal. The process of receiving feedback is still going on so we will submit the detailed report as soon as the feedback process is completed. We are very much thankful to institute for giving us the opportunity to organize a webinar. Participants liked the theme of the webinar and are eager to hear some more fruitful webinars in future too from our institute.

Thanks and regards

Dr Pravin M Bhat

Associate Professor, Dept of Shalakyatantra,  
SSAM, Hadapsar, Pune

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## CME Proceedings Pediatric Eye Diseases & Management

Prof. Dr. Nilakshi Pradhan<sup>1</sup>, \*Dr. Pravin Bhat<sup>2</sup>, Dr. Sumedha Pundage<sup>3</sup>, Dr. Prajakta Chachare<sup>4</sup>

<sup>1</sup>Professor and HOD, <sup>2</sup>Associate Professor, <sup>3</sup>Assistant Professor, <sup>4</sup>Assistant Professor Department of Shalakya Tantra

Maharashtra Arogya Mandal's Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Pune organized a CME on "Pediatric Eye Diseases and Management" on 02<sup>nd</sup> July 2019, Tuesday in College conference hall. Total 134 delegates, Practitioners and Researchers from different colleges of Pune and across Maharashtra are participated in this CME.

Inaugural function of CME was done with auspicious hands of Hon. Dr. Rajesh Pawar (Joint Secretary, Maharashtra Arogya Mandal, Pune and Senior Ophthalmologist). Prof. Dr. Mrs. Nilakshi Pradhan (Principal & HOD of Shalakya Tantra, SSAM, Pune), Dr. Prasad Walimbe (Pediatric Eye Surgeon), Dr. Mahesh Kasav (Fellow Cornea, ISM) were among the dignitaries during Inauguration.

Dr. Prasad Walimbe addressed in his Keynote talk about the Pediatric Eye diseases. Pediatric cataract is the most important among these disease. Dr. Walimbe emphasized on the diagnostic and pre-operative part in pediatric cataract cases. The blended choice of anesthesia and pediatric patients A-5 can and choice of IOL power are the highlights of his talk. Dr. Prasad Walimbe also shown a video didactic presentation of some pediatric cataract cases and also discussed the importance of posterior capsulorrhexis in pediatric

cataract surgery. Dr. Prasad Walimbe shared his own experience in pediatric cataract and squint cases and guided regarding the complications to the auditorium.

Dr. Mahesh Kasav presented his views and experiences in Pediatric eye diseases through his presentation on "Pediatric eye diseases-myths & facts". He elaborated the different Pediatric eye diseases and its myths among the society and presented facts about that particular disease to the doctors to educate the society. Dr. Mahesh Kasav also explained the myths regarding the diet and its outcome. He shared the basic facts to the auditorium so that every practitioner can explain it to the parents regarding the myths in their mind. Dr. Mahesh Kasav also put his thoughts on Ayurvedic Management of Pediatric Eye diseases.

Dr. Prasad Walimbe and Dr. Mahesh Kasav nicely explained the queries answers asked by the audience and cleared their doubts. Participants enjoyed the feast of knowledge. The CME was conducted successfully with co-ordination & support of Hon. Dr. Mrs. Nilakshi Pradhan (Principal & HOD of Shalakya Tantra), Dr. Pravin Bhat (Asso. Prof.), Dr. Sumedha Pundage (Asst. Prof.), Dr. Prajakta Chachare (Asst. Prof.) and all post graduate scholars of Shalakya Tantra Department. The CME was sponsored by JAWA Pharmaceuticals Pvt. Ltd. Vote of thanks was proposed by Dr. Pravin Bhat. The CME was concluded with National Anthem.

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## An Update on Proceedings of CME on Shalakyatantra (ENT) - Managing Emergencies

Dr. Mrs. Nilakshi Pradhan<sup>1</sup>, \*Dr. Pravin Bhat<sup>2</sup>, Dr. Sumedha Pundge<sup>3</sup>, Dr. Prajakta Chachare<sup>4</sup>

Department of Shalakyatantra, Sumatibhai Shah, Ayurved Mahavidyal, Hadapsar, Pune

Maharashtra Arogya Mandal's Sumatibhai Shah Ayurved Mahavidyalaya, Department of Shalakyatantra, Hadapsar, Pune organised a CME of "ENT" on 1<sup>st</sup> September 2018, Saturday, in college conference hall. Total 90 delegates from different colleges of Pune, Teachers, Practitioners and Researchers from Pune, Jaysingpur and Wagholi participated in this CME.

Inaugural function of CME was done with auspicious hands of Hon. Mr. Anil Gujar (Secretary, Maharashtra Arogya Mandal, Pune). Prof. Dr. Mrs. Nilakshi Pradhan (Principal & Head of Shalakyatantra Department, Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar), Dr. Sanjay Dharmadhikari (Senior ENT Surgeon and president of Association of Otolaryngologist, Pune), Dr. Sangeeta Salvi (Professor and Senior ENT surgeon, Pune) were among the dignitaries during inauguration.

Dr. Sanjay Dharmadhikari, in his keynote address mentioned that how the pathophysiology of Chronic Suppurative Otitis Media occurs and it leads to destruction of mastoid bone by formation of Cholesteatoma. He emphasised on the importance of diagnosis of Cholesteatoma in early stage for the surgical management. Dr Dharmadhikari also shown a video didactic surgical procedure to elaborate the eradication of disease.

Dr. Sangeeta Salvi presented her views on emergencies in ENT and its management in general practice. She elaborated the different types of emergencies of ear, nose and throat. Dr Salvi also mentioned about the importance of medico legal aspect of the management of emergencies in ENT. Dr Salvi extended that an ENT surgeon as well as a general practitioner must have to be alert during the emergencies of ENT as that may become fatal later and cause trouble. In such scenario one should not hesitate to refer a patient to higher centre or senior practitioner. So in general practice one should be keen during the clinical examination of a patient of ENT to avoid the further complications.

Dr Sanjay Dharmadhikari, Dr Sangeeta Salvi answered all queries asked by the audience and cleared all the doubts regarding the topics. Audience enjoyed the feast of knowledge. The CME was conducted successfully with co-ordination of Hon. Dr. Mrs. Nilakshi S. Pradhan (Principal & HOD of Dept of Shalakyatantra), Dr. Pravin Bhat (Asso. Professor), Dr. Sumedha Pundge (Asst. Professor), Dr. Prajakta Chachare (Asst. Professor) and all Post Graduate aspirants of Shalakyatantra department. The CME was sponsored by ALKEM Laboratories Ltd. Vote of thanks was proposed by Dr. Sumedha Pundge. The CME was concluded by National Anthem.

\*Corresponding Author: Dr. Pravin Bhat

Asso. Professor of Dept. of Shalakyatantra, S.S.A. M., Hadapsar, Pune - 411028.

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## An Update on proceedings of CME on Shalakyatantra -Update to Upgrade

Prof. Dr. Nilakshi Pradhan<sup>1</sup>, \*Dr. Pravin Bhat<sup>2</sup>, Dr. Sumedha Pundage<sup>3</sup>

<sup>1</sup>Professor and HOD, <sup>2</sup>Asso. Professor <sup>3</sup>Lecturer, of Dept. of Shalakyatantra,

Maharashtra Arogya Mandal's Sumatibhai Shah Ayurved Mahavidyalaya, Department of Shalakyatantra, Hadapsar, Pune organised a CME on "RECENT ADVANCES IN OPHTHALMOLOGY" on 28<sup>th</sup> July 2018, Saturday, in college conference hall. Total 110 delegates from different colleges of Pune, Practitioners and Researchers participated in this CME.

Inaugural function of CME was done with auspicious hands of Hon. Mr. Anil Gujar (Secretary, Maharashtra Arogya Mandal, Pune). Prof. Dr. Mrs. Nilakshi Pradhan (Principal & Head of Shalakyatantra Department, Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar), Dr. Rajesh Pawar (Senior Ophthalmic Surgeon, Pune), Dr. Sachin Kabra (Consulting Vitreo-Retina Surgeon, Pune) were among the dignitaries during inauguration.

Dr. Rajesh Pawar addressed in his keynote talk that how surgical branch of ophthalmology developed from the era of Acharya Sushruta and how Acharya Sushruta done cataract procedure 5000 years ago, with the help of modern technology surgical procedures changed and nowadays reached to peak of perfection. Femtosecond Laser surgery, difficult retinal surgeries are some examples of recent development in ophthalmic surgery. Dr. Rajesh Pawar also shown a video didactic presentation of some advanced surgical procedures and also discussed recent techniques in Keratoplasty which helped to clarify the basic concepts of keratoplasty. Dr. Rajesh Pawar also shared some of his own experiences of complicated cases and gave guidance regarding its management.

Dr. Sachin Kabra presented his views on Diabetic Retinopathy Screening and its treatment protocol in general practice. He elaborated the stages of Diabetic Retinopathy and given clues when to refer a case to a Vitreo-Retina surgeon by general ophthalmic practitioner. Dr. Sachin Kabra also explained the field of research in Diabetic Retinopathy. He gave the basic idea of what retinopathy exactly is and how the pathophysiology occurs and also shared his views to diagnose the Diabetic Retinopathy clinically. He extended his views that one should screen the patient for retinopathy on the day of diagnosis of Diabetes itself. Changes of retinopathy does not depends on age of patient but it depends on the age of Diabetes. So in general ophthalmic practice one should be keen during the clinical examination of a patient of diabetes to avoid the further complications.

Dr. Rajesh Pawar, Dr. Sachin Kabra fulfilled all queries asked by the audience and cleared all the doubts regarding the topics. Audience enjoyed the feast of knowledge. The CME was conducted successfully with co-ordination of Hon. Dr. Mrs. Nilakshi S. Pradhan (Principal & HOD of Dept of Shalakyatantra), Dr. Pravin Bhat (Asso. Professor), Dr. Sumedha Pundge (Asst. Professor) and all Post Graduate aspirants of Shalakyatantra department. The CME was sponsored by ENTOD Pharmaceuticals Pvt Ltd. Vote of thanks was proposed by Dr. Pravin Bhat. The CME was concluded by National Anthem.

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# An Update on Proceedings of CME on Shalakyatantra (ENT) - Managing Emergencies

Dr. Mrs. Nilakshi Pradhan<sup>1</sup>, \*Dr. Pravin Bhat<sup>2</sup>, Dr. Sumedha Pundge<sup>1</sup>, Dr. Prajakta Chachare<sup>4</sup>

Department of Shalakyatantra, Sumatibhai Shah, Ayurved Mahavidyal, Hadapsar, Pune

Maharashtra Arogya Mandal's Sumatibhai Shah Ayurved Mahavidyalaya, Department of Shalakyatantra, Hadapsar, Pune organised a CME of "ENT" on 1<sup>st</sup> September 2018, Saturday, in college conference hall. Total 90 delegates from different colleges of Pune, Teachers, Practitioners and Researchers from Pune, Jaysingpur and Wagholi participated in this CME.

Inaugural function of CME was done with auspicious hands of Hon. Mr. Anil Gujar (Secretary, Maharashtra Arogya Mandal, Pune). Prof. Dr. Mrs. Nilakshi Pradhan (Principal & Head of Shalakyatantra Department, Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar), Dr. Sanjay Dharmadhikari (Senior ENT Surgeon and president of Association of Otolaryngologist, Pune), Dr. Sangeeta Salvi (Professor and Senior ENT surgeon, Pune) were among the dignitaries during inauguration.

Dr. Sanjay Dharmadhikari, in his keynote address mentioned that how the pathophysiology of Chronic Suppurative Otitis Media occurs and it leads to destruction of mastoid bone by formation of Cholesteatoma. He emphasised on the importance of diagnosis of Cholesteatoma in early stage for the surgical management. Dr Dharmadhikari also shown a video didactic surgical procedure to elaborate the eradication of disease.

Dr. Sangeeta Salvi presented her views on emergencies in ENT and its management in general practice. She elaborated the different types of emergencies of ear, nose and throat. Dr Salvi also mentioned about the importance of medico legal aspect of the management of emergencies in ENT. Dr Salvi extended that an ENT surgeon as well as a general practitioner must have to be alert during the emergencies of ENT as that may become fatal later and cause trouble. In such scenario one should not hesitate to refer a patient to higher centre or senior practitioner. So in general practice one should be keen during the clinical examination of a patient of ENT to avoid the further complications.

Dr Sanjay Dharmadhikari, Dr Sangeeta Salvi answered all queries asked by the audience and cleared all the doubts regarding the topics. Audience enjoyed the feast of knowledge. The CME was conducted successfully with co-ordination of Hon. Dr. Mrs. Nilakshi S. Pradhan (Principal & HOD of Dept of Shalakyatantra), Dr. Pravin Bhat (Asso. Professor), Dr. Sumedha Pundge (Asst. Professor), Dr. Prajakta Chachare (Asst. Professor) and all Post Graduate aspirants of Shalakyatantra department. The CME was sponsored by ALKEM Laboratories Ltd. Vote of thanks was proposed by Dr. Sumedha Pundge. The CME was concluded by National Anthem.

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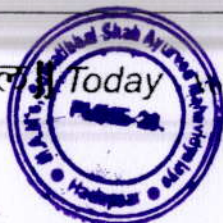
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DEPARTMENT OF SHALAKYATANTRA  
REPORT OF NATIONAL WEBINAR ON EMERGENCIES IN ENT  
30<sup>TH</sup> JANUARY 2021

To,  
The Principal  
SSAM, Hadapsar

Respected madam

Hereby as per above subject we the Dept of Shalakyatantra submitting the short report of the National webinar on Emergencies in ENT and its ayurvedic approach organized on saturday, 30th January 2021 at 2.30pm. Total registration done for the webinar are 375 from various national institutes and abroad from Sri Lanka, USA, and Argentina. The webinar began in time and a total 106 participants attended the webinar online including national and international participants. Total three speakers had a talk on various topics as follows-

1. Dr Nilakshi Pradhan, Pune- Emergencies in Nose and its ayurvedic approach
2. Dr Manjiri Keskar, Gujrat- Emergencies in Throat and its ayurvedic approach
3. Dr Sangeeta Salvi , Pune - Emergencies in Ear and its ayurvedic approach

All three sessions were chaired by Dr Pranav Bhagwat sir as a Chairperson of the webinar. We are submitting this report for your information and perusal. The process of receiving feedback is still going on so we will submit the detailed report as soon as the feedback process is completed. We are very much thankful to institute for giving us the opportunity to organize a webinar. Participants liked the theme of the webinar and are eager to hear some more fruitful webinars in future too from our institute.

Thanks and regards

Dr. Sumedha Kotangale  
Assistant Professor, Dept of Shalakyatantra,  
SSAM, Hadapsar, Pune



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Workshop report.

प्रति

मा प्राचार्या

सुमतिश्री शाह आयुर्वेद महाविद्यालय

हडपसर पुणे

विषय - RAY च्या Teachers Training Programme चा अंमल सादर करणेबाबत

मा. प्रहोदया,

दि 07-01-2020 रोजी आपणास आलेल्या राष्ट्रीय आयुर्वेद विद्यापीठ (RAY) च्या email (संदर्भ क्रं. F No 65-21/R 2019-20/Pune) नुसार आपल्या महाविद्यालयाने दि 31-01-20 ते 03-02-2020 रोजी प्रयुक्तिंत्र-श्रीरोग विषयातील अद्ययापन साठी Training Programme for Ayurveda Teachers - Practical Demonstration of Samhita Based Clinical Methods of Examination चे आयोजन करण्यात आले होते.

ह्या मह्ये आपल्या महाविद्यालयाने local Partner म्हणून काम पाहिले सदर कार्यक्रमाचे स्वरूप, Experience Participants हे सर्व RAY ने ठरविले होते. RAY च्या वारवार मिळालेल्या सूचनानुसार आपण सर्व Practici, experts व RAY Members च्या राहण्यासाठी Kedara Residency, Kothima Nagar, Audio-Photo Videogro व Photography साठी Saqyed Photo studio, Transports साठी Abnave Transports, Cable साठी Bawankar व जेवणासाठी S.K. Caterers चे quotation RAY ला पाठवून घेतले त्यानुसार पुढील त्वाय केले इतर 3 पूर्वतयारी साठी RAY चे डॉ. वरुण गुप्ता 30-01-2020 रोजी फुल्यात आले. त्यांच्या निर्देशानुसार दि 31-01-2020 रोजी सकाळी डॉ. वरुण गुप्तांकडून Participants व Experts ची list देण्यात आली. त्या नुसार एकूण 36 participants पैकी 34 व एकूण 11 experts पैकी 10 Experts हजर होते सदर कार्यक्रमाचे हे दि 31-01-2020 रोजी स. 10 वा करण्यात आले. ह्याचे प्रास्ताविक महाविद्यालय प्राचार्या डॉ. श्री. निलासी प्रधान यांनी केले. डॉ. भद्र

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प्रीताम्नव ( RAY Director ), डॉ मनोज नेगरे (Advisor  
स्थानी आपले मनोगत जाणव केले व आभार प्रदर्शन  
डॉ सौ मदा जोरपडे स्थानी केले ( विभाग प्रमुख प्रभुतिमत्र  
स्त्रीरोग विभाग )

त्यानंतर डॉ प्रीकृष्ण खाडेल, डॉ वर्षा देशपांडे,  
व डॉ लक्ष्मी प्रिया खाडेल Lecturers आले, त्यानंतर  
Experts वेगवेगळ्या team बनवून वैद्यकीय (Endometrial  
polyp), आर्निकस, Cervical polyp, PCOS एम  
वैद्यकीय रुग्णांचे परिक्षण करून खाडेल निदानपत्रा,  
सर्वांसमोर मादले नंतर डॉ आशा प्रीदार खाडेल lecture  
आले

त्यानंतर सर्व Participants चे 6 groups मध्ये  
विभाजन करून त्यांना Hospital मध्ये case taking  
यादी पाहविषयान आले. व प्रत्येक group ने दुसऱ्या  
दिवशी आपआपली case सर्व experts समोर  
present केली. त्यामधून group ② ला प्रथम व  
group ③ ला द्वितीय पारिनायिक देखाव आले व डॉ  
RAY चे शुरुवात स्तोत्राचे पुस्तक भेटवस्तु देखाव आले

त्यानंतर Panel Discussion आले व त्यानंतर  
valedictory function देखाव आले त्यासाठी डॉ अनुपम  
जीवास्तव व डॉ जितेंद्र कुले (अभ्याचार्य, शुभा आ माते)  
अपस्थित होते. त्यांच्या हस्ते सर्व Participants, experts  
ना certificate र प्रदान करण्यात आले खाडेली  
प्रभुतिमत्र विभागातील व ज्येष्ठ अध्यापकांना local expert  
व coordinator चे certificate देखाव आले व  
कनिष्ठ अध्यापकांना Participants व coordinator  
चे certificate देखाव आले.

त्या कार्यक्रमाचे आभार प्रदर्शन डॉ कल्पना  
आचरे स्थानी केली.

सादर व Workshop-च्या Experts, Participants  
ची List, Feedback form Analysis Report सोबत  
जोडून आले.

आपल्या सादृतीस्तव सादर

धन्यवाद !

आपली विश्वासू

*(Signature)*

विभागप्रमुख  
HDE



Received on 10/05/20  
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