

**TRANSITIONAL CURRICULUM FOR IST BAMS AS PER NCISM
PROGRAMME SCHEDULE 2023-24 BATCH**

Sr. No.	DATE & DAY Coordinator	DAY	TIME	SCHEDULE	NAME OF FACULTY
1 st Day	02/11/2023 Dr. Gayatri Sawant	Thursday	09:30 AM - 11 AM	Introduction of Parent institute, MAM Documentry	
				Introduction of Department-1st BAMS	HOD of Rachana, Kriya, Samhita Dept.
				Inauguration	
				Diksha Grahan	
				Pre test	
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 04:30 PM	Vadatu Sanskritam	
Vadatu Sanskritam					
2 nd Day	03/11/2023 Dr. Nilesh Kulkarni	Friday	09:30 AM - 10:30 AM	Uniqueness Of Ayurveda	Dr. Nilesh Kulkarni
			10:30 AM - 11:30AM	Importance of Diet in ASU	Dr. Roma Gangawane
			11:30AM - 12:30 PM	National And International Opp. After BAMS	Dr. Anand Kalaskar
			12:30 PM - 01:30 PM	Introduction of modern and other systems of medicine	Dr. Kamalakar Gajare
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
3 rd Day	04/11/2023 Dr. Pallavi Patil	Saturday	09:30 AM - 10:30 AM	History, Philosophy & Concept Of ASU	Dr. Pallavi Patil
			10:30 AM - 11:30AM	Personal Health-dincharya	Dr. Nitesh Joshi
			11:30AM - 12:30 PM	Biodiversity in ASU	Dr. Vivek Chaudhari
			12:30 PM - 01:30 PM	Vriksha And Mruga Ayurved	Dr. Amit Avalaskar
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
4 th Day	06/11/2023 Dr. Abhijit Chitnis	Monday	09:30 AM - 10:30 AM	Information Of Library	Mr. Sandip Chopade
			10:30 AM - 11:30AM	Ashtang Yoga Shatkar	Dr. Ramesh Ujwale
			11:30AM - 12:30 PM	Yoga And Meditation	Mrs. Archana Phadnis
			12:30 PM - 01:30 PM	Introduction to Panchakarma	Dr. Vandana Avhad
			01:30 PM - 02:30 PM	Lunch Break	



Sr. No.	DATE & DAY Coordinator	DAY	TIME	SCHEDULE	NAME OF FACULTY
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
5 th Day	07/11/2023 Dr. Rahul Suryavanshi	Tuesday	09:30 AM - 10:30 AM	Role & Importance of Physician in Society	Dr. Rahul Suryavanshi
			10:30 AM - 11:30AM	Information of Scholarship Schems	Mr. Akshay Panchal
			11:30AM - 12:30 PM	Demo Of Yoga	Mrs. Archana Phadnis
			12:30 PM - 01:30 PM	Role of ASU in Public Health	Dr. Pranita Joshi-Deshmukh
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
6 th Day	08/11/2023 Dr. Rahul Suryavanshi	Wednesday	09:30 AM - 10:30 AM	Basics of Computers	Mrs. Pallavi Pund
			10:30 AM - 11:30AM		
			11:30AM - 12:30 PM	Professional Medical Ethics	Dr. Dhananjay Mhasade
			12:30 PM - 01:30 PM	National Health Status goals& Practices	Dr. Dhananjay Mhasade
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
7 th Day	09/11/2023 Dr. Pallavi Patil	Thursday	09:30 AM - 10:30 AM	Gender Sensitization with Interactive Session	Dr. Gayatri Sawant
			10:30 AM - 11:30AM	Gender Sensitization with Interactive Session	Dr. Gayatri Sawant
			11:30AM - 12:30 PM	Recent Advances in ASU	Dr. Pranita Joshi-Deshmukh
			12:30 PM - 01:30 PM	Clinical Exposure	Dr. Yogesh Narkhede
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
8 th Day	10/11/2023 Dr. Girish Kulkarni	Friday	09:30 AM - 10:30 AM	आयुर्वेद दिन -धन्वंतरी पूजन	
			10:30 AM - 11:30AM	Selfie Point	
			11:30AM - 12:30 PM	Dipavali and Ayurved	Dr. Nitesh Joshi
			12:30 PM - 01:30 PM	Know Your Syllbus	Dr. Girish Kulkarni
			01:30 PM - 02:30 PM	Lunch Break	



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			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
9 th Day	11/11/2023 Dr. Rahul Suryavanshi	Saturday	09:30 AM - 10:30 AM	Know Your Syllabus	Dr. Abhijit Chitnis
			10:30 AM - 11:30AM	Recreational Activity	Dr. Gayatri Sawant
			11:30AM - 12:30 PM	Know Your Syllabus	Dr. Nilesh Kulkarni
			12:30 PM - 01:30 PM	Introduction to Naturopathy	Dr. Ramesh Ujwale
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Vadatu Sanskritam	
			03:30 PM - 04:30 PM	Vadatu Sanskritam	
10 th Day	20/11/2023 Dr. Anil Deshpande	Monday	09:30 AM - 10:30 AM	Basics Of Prakruti	Dr. Anil Deshpande
			10:30 AM - 11:30AM	Lifelong learning Strategies and exam Strategies	Dr. Jyoti Gavali
			11:30AM - 12:30 PM	Self Learning Methods & Skills	Dr. Kavita Deshmukh
			12:30 PM - 01:30 PM	Time Management	Dr. Maya Gokhale
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Basic Life Support- First Aid	Dr. Milind Joshi/Dr. Sachinkumar Patil/Dr. Yogesh Narkhede
			03:30 PM - 04:30 PM	Basic Life Support- First Aid	
11 th Day	21/11/2023 Dr. Vibhavari Vaidya	Tuesday	09:30 AM - 10:30 AM	Sanskrit	Dr. Vibhavari Vaidya
			10:30 AM - 11:30AM	Role Of Ayush in Covid Management	Dr. Yogesh Kotangale
			11:30AM - 12:30 PM	Code of Cunduct	Dr. Girish Kulkarni
			12:30 PM - 01:30 PM	Recreational Activity	Dr. Anil Deshpande
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Self Defense and Safety App Installation	Mrs. Sarika Jagtap
			03:30 PM - 04:30 PM	Library	Mr. Sandip Chopade
12 th Day	22/11/2023 Dr. Anil Deshpande	Wednesday	09:30 AM - 10:30 AM	Extra Mural Student Club Introduction and Activity	Dr. Anil Deshpande
			10:30 AM - 11:30AM		
			11:30AM - 12:30 PM	Process of group learning	Dr. Maya Gokhale
			12:30 PM - 01:30 PM	Discussion DB Task	Dr. Nilakshi Pradhan/Dr. Maya Gokhale
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Basic Life Support- First Aid/ Library	Dr. Milind Joshi/Dr.Sachinkumar Patil/Dr. Yogesh Narkhede, Mr. Sandip Chopade
			03:30 PM - 04:30 PM		



Sr. No.	DATE & DAY Coordinator	DAY	TIME	SCHEDULE	NAME OF FACULTY
13 th Day	23/11/2023 Dr. Sneha Ghodke	Thursday	09:30 AM - 10:30 AM	Recreational Activity	Dr. Anil Deshpande
			10:30 AM - 11:30 AM	Introduction To Ayurved Practice	Dr. Hema Shah
			11:30AM - 12:30 PM	Importance of Sanskrit in Learning Ayurveda	Dr. Vibhavari Vaidya
			12:30 PM - 01:30 PM		
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Team Building and Goal Setting	Dr. Rashmi Kale
			03:30 PM - 04:30 PM		
14 th Day	24/11/2023 Dr. Vaishali Bhosale	Friday	09:30 AM - 10:30 AM	Basics Of Prakruti	Dr. Vaishali Bhosale
			10:30 AM - 11:30AM	Recent Advances in ASU	Dr. Jyoti Gavali
			11:30AM - 12:30 PM	Orientation to learning Methods	Dr. Jyoti Gavali
			12:30 PM - 01:30 PM	Role And Importance of Physician in Society	Dr. Rahul Suryavanshi
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Role of Mentoring	Dr. Maya Gokhale
			03:30 PM - 04:30 PM	Mentormentee Scheme	Dr. Vaishali Bhosale
15 th Day	25/11/2023 Dr. Vaishali Bhosale/ Dr. Vibhavari Vaidya/ Dr. Sneha Ghodke	Saturday	09:30 AM - 10:30 AM	Information Of Sports & NSS	Mr. Shankar Kemkar
			10:30 AM - 11:30AM	Post Test & Feed Back	
			11:30AM - 12:30 PM	Campus Tour	
			12:30 PM - 01:30 PM	Campus Tour	
			01:30 PM - 02:30 PM	Lunch Break	
			02:30 PM - 03:30 PM	Parent Meeting and Valedictory Session	
			03:30 PM - 04:30 PM	Parent Meeting and Valedictory Session	



[Handwritten Signature]

PRINCIPAL
M. A. M.'s, Sumatibhai Shah
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