



Maharashtra Arogya Mandal's
SUMATIBHAI SHAH AYURVED MAHAVIDYALAYA,
Malwadi, Hadapsar, Pune - 411 028.

Phone : (020) 29522505, 29522502
Web : www.ssayurved.org, E-mail : ssayu@rediffmail.com, ssayucollege@mam.org.in

Yogasan Competition - Yoga for Humanity - 15.06.2022

Programme : - Yogasan Competition - Yoga for Humanity

Venue : - MAM's Sumatibhai Shah Ayurved Mahavidyalaya, Hadapsar, Dist. Pune.

Date : - 15.06.2022

As per direction from directorate of AYUSH, 8th international yoga week was celebrated by department of Swasthviritta & Yoga from 14/06/2022 to 21/06/2022.

Yogasana competition was arranged at Yogasana Kaksha SGAK. Participants had to perform Suryanamaskar and any three Asanas given below- Baddhapadmasana, Pavanmuktasana, Shalbhasana, Sarvangasana, Dhanurasana in scientific manner. Total 8 candidates participated for the competition. Dr. Ramesh Ujwale, Dr. Nitesh Joshi & Dr. Roma Gangawane were appointed as Judges in this competition.

The Winners for competition are as follows -

First Prize - Ms. Pranita Divekar

Second Prize - Dr. Jyoti Gavali

Third Prize - Dr. Sayali Tanpure



(Dr. Nilesh M. Phule)

Principal

Principal

M. A. M.'s, Sumatibhai Shah
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